

Quicken Trust

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Change
for
Good



Partnering with the future of Orphans

Dear Friends,

Our orphan sponsors come from various parts of the world. Many are passionately interested in building a relationship with the child and the family they support. Many have visited Kabubbu and others want to. Each has their own reason for sponsoring a child. Some have personal and empathic stories to tell that may have influenced them.

Joan Green, a sponsor from Cornwall, sent this to us recently.

Life had always been hard for Frank. He was the youngest of five children and his mother died when he was 14 months old. His sister Edith, who was ten years old, took over the running of the household.

Frank was 13 years old when his father also died. His father was buried in an unmarked grave as there was no money to spare to buy a headstone. Frank's favourite brother Fred emigrated to America and Frank never saw him again.

At the outbreak of war Frank enlisted and went off to fight in the trenches. When the war was over he was no longer able to work as a carpenter. He had difficulty walking after being wounded at the Somme. What work he could find was poorly paid and Frank found it a struggle to feed and clothe his four children. He looked forward every Christmas to the parcel containing food, clothes and toys that Fred sent from America.

One dreadful Christmas the family in America were struck down by an illness and the eagerly awaited parcel failed to arrive. Frank was devastated and the disappointed children cried. There were no little luxuries that year. Their Christmas was ruined.

Frank was my Grandfather and this true story illustrates how a gift can give so much pleasure and support to a family living in poverty. So please do not disappoint your sponsored child and remember to send a gift at Christmas. It means so much to people who have so little.

PLEASE POST EARLY FOR CHRISTMAS

You can send a gift or card as soon as you like but, please, no later than October 15th. We Suggest 1 or 2 items like -

flip flops, a watch, a calendar, bangle, necklace, tee shirt, a small battery game (include spare battery) or travel game like pocket solitaire or a small kite, a flat alarm clock, boiled sweets, sachets of drinking chocolate, underwear, a cross stitch craft or simple construction kit or sunglasses or disposable cameras that can be returned to the U.K for development

(please clearly label the camera with your name)

Packages must be no bigger than an A4 envelope (12½ ins x 9 ins) and weigh less than 450 grams as we usually take well over 250!

Your help with these dimensions would be appreciated





We seek to provide all children in the school with a present suitable for their immediate needs. In the past this has been a mosquito net, a hurricane lamp and so on. This year the gift will be an umbrella. If you wish that your child should also receive this gift along with the other children please send a £10 cheque or attach it to your parcel or card. Thank you.



Partnering with the future of Social Needs

A revised Kabubbu Development Project (N.G.O.) has been formed to continue the community partnership with Quicken Trust. Four of the seven original members serve on this new board. Headmaster Enoch Kagoda has been appointed Executive Director.

The board includes the original visionary of the project Pastor George Walakira (Chairman), Joyce Kintu, (Treasurer), Dennis Byekwaso (Secretary) and Geoff and Geraldine as and when we are in Kabubbu. We will be seeking to create a wider Advisory Council with more representatives of the community leadership to ensure full representation of the whole community.

Unity is a priority in Kabubbu despite some struggles! Visitors comment on the 'community spirit' that is evident as men and women, children and adults, Christians and Moslems, educated and illiterate, Ugandan and English, this tribe and that tribe, work together developing their community.

The Library and Adult Literacy Centre give an added opportunity to create unity as new skills are learnt and discussions are held. The various projects encourage friendship, dispel prejudices and lead to creativity and self esteem.



Volunteers to Kabubbu enhance this by organising community events, cricket and football matches, Christmas parties or celebrations, inter-church seminars across various denominations and sometimes they are part of a panel interviewing the educated for positions of teachers or nurses or audition the local people who apply to be singers and dancers and general workers for the tourism project. It can be a busy time!

A question often asked is 'How do you ensure that not just a privileged few in Kabubbu benefit?' and to maintain unity a policy was created with the local community:

- First claim on education is for orphaned children living within a mile of the school
- Secondly, an 'orphaned' child with one surviving destitute parent, within a mile
- Then a destitute child in a large family, or extremely poor family

- The Health Centre serves the whole community
- Donated gifts for a specific group or needs are often given like:
 - A Christmas party for children who don't go to school
 - Life saving surgical operations for children unable to afford treatment
 - Saturday club with crafts and games for children not at school
 - Food and clothing for those we hear of who are hungry
 - Shelter and maybe a 'pension' for the elderly
 - Foster care for a child at risk

Moses was quite small when his father died. His mother died when he was 7 and he went to live with his Aunt. He was happy, settled and doing well at school and then his Aunt died last year. Moses, now 9, moved on again to another relative. Later we heard he had run away to Kampala and became a "street child". He was found and brought back but after a short time went back to Kampala.

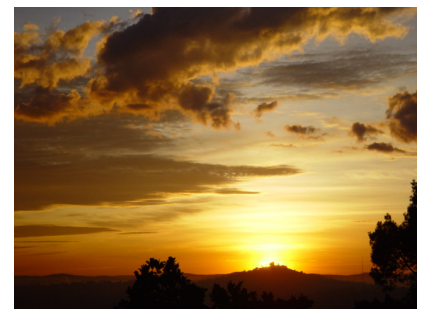
The uncertainty, hunger and danger of life on the streets was preferable to living with the relative at 'home' who was abusing him. Moses was recently found again and is living with Lillian and Enoch. Moses will move again soon into a new community home with another orphaned boy. A foster mother will provide him with care.

Partnering with the future of Tourism

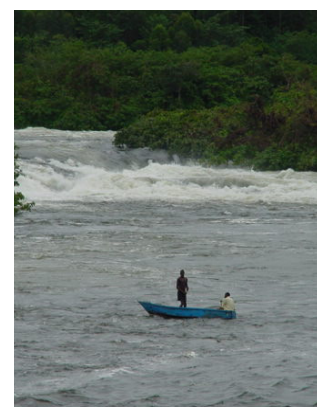
Andrew Lightbown visited Kabubbu in June and volunteered to audition seven local residents as potential tour guides. During the interviews each applicant provided Andrew with some local information and visited sites of potential tourist interest. The only requirement was that applicants spoke good English and were conversant on the projects and local places of interest. As a result of these interviews two tour guides have now been appointed and some of their ideas have been incorporated in a future programme for visitors.



The five round thatched houses have been constructed and each has its own shower and toilet. These are semi-detached (10 units) each accommodating up to 2 persons, making a total of 20 people. Book early to avoid disappointment!



The paths are now in place and the garden is being landscaped and planted. Over the next few months the shaded restaurant and kitchen will be constructed and then the staff will be interviewed and trained in time for opening at Easter. It may be a challenge for a local person to learn to make a bed, clean a toilet or kitchen when they personally lack these facilities. This project however will be vital in the long term as one of the projects enabling the community to become self-sustaining.





So, who will visit Kabubbu?

The 'Kabubbu Experience' should have a wide appeal to many groups and individuals.

For example, a 10 day or 14 day holiday could include a safari park, the mountain gorillas on



the Rwanda/Uganda border, Lake Victoria fishing, and white water rafting on the Nile and seeing how a project like the one in Kabubbu can change lives. Also:

- Travellers looking for a short cultural experience in a beautiful rural setting
- Bird watching holidays
- Europeans working in Kampala who want to escape the city for a short break
- Sponsors and donors wanting to meet the child they support
- Youth and school exchange groups learning about global citizenship
- Backpackers and 'eco-tourists' .. and many more

When combined with a wider Uganda holiday there would always be a programme for 3 or 4 days in Kabubbu covering:

- A welcome from the school children to include singing and dancing
- A Ugandan feast
- A concert of cultural singing, dancing, drumming and mime
- A village walkabout with information on education, health, work and poverty
- An opportunity to visit one or two local families
- Information on the birds, plants and wildlife in Kabubbu
- A visit to a nearby botanical garden
- A visit to local historical sites with links between Britain and Uganda
- A craft or special time that could include bird watching, making a Ugandan basket or traditional grass skirt, or trying your hand at drumming

From 15th October it is planned that a leaflet will be available from Quicken Trust (01323 832361) on the tourism project in Kabubbu. This will include detail and costs of accommodation for holidays or visits from Tuesday 11th April 2006.

Partnering with the future of Kabubbu Schools

You may note that this section is now 'schools' not 'school'! Early in February 2006 the second school to be built in Kabubbu with resources raised by Quicken Trust donors will open. The Kabubbu Community Secondary School will start small and build up as the students commence from the first class each year.

The school will begin with the lowest class, S1 and the 12 children completing primary school this December as well as seven children in S2 and other students in various grades, from S3 through S4 (the year of the GCSE), to S6 (the year of 'A' levels). The school will also include some vocational training courses.

A special thank you goes to Andrew Lightbown who visited Kabubbu in June and was inspired by his visit to raise an amazing total of £16,000. Andrew commented on his visit "I learnt so much. It was great to see first hand the work of Quicken Trust and meet its many beneficiaries. It was an unbelievable life enhancing experience that has changed many, many of my attitudes." Andrew chose to support the secondary school project because he could see the need for the children to continue their education.

Paul and Pauline Carter organised the 'Bike Ride for Uganda 2005' in July. We were thinking that we didn't have the time or energy to arrange teams, publicity, side stalls, and advertising and erect the stand for an event this year, when they volunteered. And what a fantastic job they did! They organised the event and worked most of the days and part of the nights during the 50-hour event that has, so far, raised £11,000. And a special thank you to the champion fundraisers from St Wilfrid's Church, Lower Willingdon who raised £1,880.



Paul said 'We were well supported by various folk who were roped in to do all sorts of things and their enthusiasm contributed so much to making the overall event a pleasure to organise. We were very tired by the end of it but felt it had all been worthwhile and look forward to next year' - and we say, phew!! THANK YOU.

Special thanks also go to Andrew Saunders of Halcyon who donates all our newsletters, catalogues and Christmas cards – and just about any other print job we have.

We also express grateful thanks to John and Ruth Britton, St Bede's School, Alabaster Trust, Mr and Mrs Elliott, British Airways, and dozens of other schools, organisations, churches and individuals who organise events and do so much to help.

Partnering with the future of the Church

On a recent visit to Kabubbu we had four volunteers visiting three churches of different denominations. Some people who travel with us are part of a faith background, others are not but all are equally welcome.

Vivienne was teaching children in a Pentecostal Church, Simon played his guitar and sang and preached at Kabubbu Pentecostal Church and Andrew and Geraldine spoke at the Catholic Church following the baptism of three babies.



By working across the churches, all of which are part of the overall community, we aim to model unity because some of the church groupings were beginning to believe they had exclusive ownership of Quicken Trust and that only they had the "Truth". Modelling unity or any other characteristic of the Christian faith is a vital part of all that we do. Some is explicit and much is implicit.

Sometimes we are labelled as 'humanitarian workers' and at other times as 'fundamental evangelicals'. A diverse range of labels given to us for what we do! We are not comfortable with labels but would prefer to be seen as exercising Christian principles.

The same principles that underpinned the work of Lord Shaftsbury, who campaigned for social justice where there was injustice; William Wilberforce who battled for years to bring people freedom from imposed slavery or Florence Nightingale who dedicated her life to bring compassion and healing to the sick and dying. All had a Christian faith underpinning their actions and brought about revolutionary changes for humanity.

We do not claim to be a Shaftsbury, a Wilberforce or a Nightingale but, in our small way, we seek to bring the same sort of changes to the community in Kabubbu.

Partnering with the future of Primary Healthcare



On a recent visit the five nurses were struggling to cope with the high numbers of cases of malaria. It was the wet season and the number of patients queuing for medication had risen steeply from around 1,000 the previous month to 1,681. We asked the qualified nurses why they would want to be a nurse when the needs were, at times, so obviously overwhelming. Without hesitation, we had heartfelt responses from each member of staff.

Nurse Rose, the Nurse-in-Charge, said 'I do this job of nursing both to care for the sick and also

uplift the health standards in Uganda'

Edward said 'I chose a long time ago to care for the sick in the nursing profession'

Judith said 'I do this work with the aim of changing or promoting each one's life to the best and joyful standard of living'

Christine recently appointed said 'I chose the nursing profession to care'

Innocent said 'My aim is to assist, comfort and take care of the suffering and satisfy all people wherever possible'

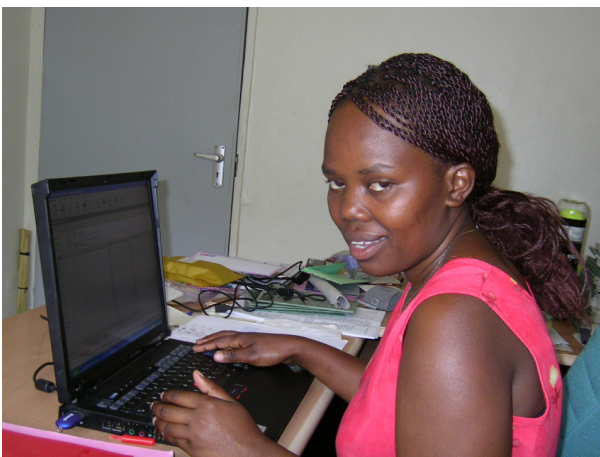
The extension to the Health Centre has been built and the laboratory is now in its own designated building. The antenatal classes have started and so we await the birth of the first baby in the new maternity room. In the meanwhile, for the babies waiting with their mothers for their inoculations, there is an addition to the Health Centre taken by air on a recent visit to Uganda.

'Trigger' is guaranteed to help ease the discomfort of an injection or provide amusement during the long wait!



Now this place is really rocking!

Partnering with the Future



Our aim is that all the administration and bookkeeping of our work in Kabubbu will be done locally by 2010. All the developments in providing the infrastructure needed and the projects like the farming initiatives, work initiatives and tourism project are aimed at helping the community and individuals generate an income and provide for themselves.

In this way we seek to assist the community so that by 2010 they can pay for their own school fees and healthcare needs. But for now we continue to create awareness of Kabubbu's

needs, an understanding of global citizenship and life in rural Uganda and continue to provide more of the resources needed for a community to sustain itself. 2010 is a challenging timescale to go for. It will need hard work by both the community and Quicken Trust ~ and both are dedicated to the task.

Much of the current interest in Kabubbu comes through churches, local clubs and institutions, speaking engagements and work in schools. It's always rewarding when our enthusiasm sparks the support and interest of others.

One example of this is Lou Belrhiti and Cherie Smithyman, both teachers at St Bede's School near Hailsham, who have also now caught the Kabubbu bug!

In September 2004 Lou asked if the school could support an orphan in Kabubbu. Later they organised various charity events including a 24-hour work out in the gymnasium. Throughout the year they continued their fund raising efforts and raised over £5,000. At the same time their enthusiasm grew. With the encouragement of the Headmaster, Steve Cole, a fact-finding mission was suggested and Lou and Cherie finally decided they would like to visit Kabubbu on behalf of the school during the school holidays.

On their return we received this email, "Thanks so much for arranging such a great trip for us. We had an amazing experience in Kabubbu as I'm sure you can imagine."

During their time in Kabubbu they looked at how the links between St Bede's and Kabubbu schools could be strengthened. This could include a range of possibilities like teacher exchange visits, providing further resources to Kabubbu, student exchange visits, researching and developing special areas vital for British tourists or student exchanges like issues on health and safety unheard of in Kabubbu (where children play bare feet among rusting razor blades and charcoal fires) but vital to U.K. tourists.

St Bede's will be just one school that a group of Kabubbu children will visit in December.

Ten children from Kabubbu together with Lillian, the Headmaster's wife, and another member of the community will visit England from December 7th - 18th.

During their stay (which for them will be at a very cold time of year) they will take part in a late night Christmas shopping event in Hailsham and various community events, church concerts and school assemblies in the Heathfield, Hailsham and Eastbourne area.

The events being organised will include carol singing, some cultural singing and dancing and some short interviews on subjects like "What do you want to be when you grow up? How many family members live in your home? Describe your home." We may encourage them to bring a scrapbook of pictures to show children in schools in England.

If you would like to volunteer help in any way please contact our office in September:

- if you would be willing to provide and cook for the group of 12 on any date
- if you can supply some good second hand warm clothes like anoraks for children aged between 10 - 14 years
- if you can supply each child with a small wash kit, toothpaste, toothbrush, soap, towel etc.
- if you would be willing to provide transport in a seven-seat mini-bus or people carrier between venues
- if you know of an organisation or company willing to sponsor the visit at £700 per child or £8,400 for the whole event
- if you want to know the children's programme during 7th-18th December



And finally, we never know what we are likely to see in Kabubbu. Can you guess what this is?

Answer at the bottom of the back page!

NEW CHRISTMAS CARDS ~ NEW A5 FORMAT

A delightful new range of five different cards featuring the children of Kabubbu



Only £1.95 per pack of 5 (£2.30 including postage)



PLEASE SEE THE ORDER FORM WITH THIS NEWSLETTER

Life Partnering CATALOGUE (for alternative gifts)

Give the man in your life who has everything ~
a pig in Kabubbu for Christmas!

If your spouse, relative or friend has an anniversary, birthday or special occasion (like a wedding) you may prefer to select a gift from the Life Partnering CATALOGUE. A needy family in Kabubbu will receive the gift you have chosen and we will send a gift card to your spouse, relative or friend telling them of your donation on their behalf. Simply:

1. Select your gift(s) from the catalogue and complete the enclosed order form for the item(s) you have selected. Fill in your friends name(s) and address(es) and the item(s) chosen
2. Provide the date the gift is to be given and we will send a gift card on your behalf
3. Fold the form in three as shown and insert your cheque made out to 'Quicken Trust' for the total value and 'sticky tape' the sides and bottom flap to stop the cheque falling out
4. Put on a stamp and mail your order. Thank you.

Examples of gifts you might like to donate:

A pair of shoes to prevent 'chiggers' ~ from £10 - £13

A bed, mattress and mosquito net ~ from £35 and could save a life

A pair of breeding pigs and pig food ~ from £120 and will provide a small income

or ~ not in the catalogue ~

CHRISTMAS DINNER

£10 will provide a needy family of 10 with a Christmas dinner
of meat, rice, potatoes, vegetables, fruit and soft drinks ~ why not provide for at least one family?
Just complete the 'Christmas Dinner' section of the order form and we will send a gift card from you to the person for whom you have given this as a Christmas gift



Information Sheets

We have just reprinted our 'history' brochure and renamed it CREATING A HEART IN KABUBBU. It covers the story of Quicken Trust to date and is ideal if you are thinking of holding a presentation on our work to friends, work colleagues, your church group or school. Just contact us and we will send you copies. It is in a larger, easier to read A4 format (just like this Newsletter).

We also have a range of information sheets on special projects needing support together with coloured pictures and project costs. Again, these are available from the office. These leaflets can be used in organising local fundraising events and include information on:

- Secondary Education Project
- Kabubbu Tourism Project
- Community Housing Project
- Kabubbu Healthcare Project - Mosquito Nets

With our personal thanks for everything you do to help the orphan children and community in Kabubbu. Your support makes such a difference to their lives and future.

Geoff & Geraldine Booker

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Quicken Trust newsletter is sponsored by Halcyon, 87 High Street, Heathfield, TN21 8JA Tel: (01435) 868890

Answer: A door-to-door salesman with goods in polythene bags